



## Test 400m natation - 4 et 7 janvier 2010

		Temps								100m repère								% ecart 100m repère	% ecart 50m 7 et 8
		50m	100m	150m	200m	250m	300m	350m	400m	1er 50m	2ème 50m	3ème 50m	4ème 50m	5ème 50m	6ème 50m	7ème 50m	8ème 50m		
1	Simon HASLOUIN	0:42	1:26	2:14	3:03	3:54	4:46	5:40	6:32	0:42	0:44	0:48	0:49	0:51	0:52	0:54	0:52	15,22%	3,70%
2	Benjamin FEQUANT	0:51	1:45	2:43	3:41	4:38	5:36	6:35	7:30	0:51	0:54	0:58	0:58	0:57	0:58	0:59	0:55	4,46%	6,78%
3	Pascal MOURIN	0:45	1:37	2:30	3:26	4:20	5:14	6:09	6:58	0:45	0:52	0:53	0:56	0:54	0:54	0:55	0:49	3,81%	10,91%
4	Greg ROBERT	0:47	1:42	2:42	3:43	4:44	5:48	6:51	7:52	0:47	0:55	1:00	1:01	1:01	1:04	1:03	1:01	10,43%	3,17%
5	Muriel CORDE BOUCHERIT	0:50	1:46	2:43	3:45	4:48	5:53	6:58	8:03	0:50	0:56	0:57	1:02	1:03	1:05	1:05	1:05	15,04%	0,00%
6	Stéphane THAUVIN	0:48	1:46	2:43	3:47	4:50	5:55	7:00	8:04	0:48	0:58	0:57	1:04	1:03	1:05	1:05	1:04	13,04%	1,54%
7	Richard OLIVE	0:43	1:26	2:13	3:00	3:48	4:37	5:25	6:14	0:43	0:43	0:47	0:47	0:48	0:49	0:48	0:49	7,78%	2,08%
8	Stéphane PINEAU	0:43	1:27	2:14	3:02	3:51	4:39	5:28	6:17	0:43	0:44	0:47	0:48	0:49	0:48	0:49	0:49	6,59%	0,00%
9	Benoit TEZENAS	0:56	2:02	3:11	4:21	5:27	6:30	7:40	8:40	0:56	1:06	1:09	1:10	1:06	1:03	1:10	1:00	1,48%	14,29%
10	Clarisse REMY	1:12	2:42	4:06	5:40	7:10	8:42	10:12	11:38	1:12	1:30	1:24	1:34	1:30	1:32	1:30	1:26	4,60%	4,44%
11	Bertrand GACHET	0:57	2:10	3:29	4:49	6:11	7:35	8:54	10:07	0:57	1:13	1:19	1:20	1:22	1:24	1:19	1:13	7,24%	7,59%
12	Didier GUERIN	0:55	1:55	3:00	4:05	5:12	6:17	7:20	8:26	0:55	1:00	1:05	1:05	1:07	1:05	1:03	1:06	2,40%	4,76%
13	Jacques HERAULT	1:03	2:12	3:30	4:50	6:09	7:27	8:48	10:04	1:03	1:09	1:18	1:20	1:19	1:18	1:21	1:16	8,16%	6,17%
14	Frédérique EL AMRANI	0:48	1:41	2:37	3:34	4:30	5:29	6:25	7:23	0:48	0:53	0:56	0:57	0:56	0:59	0:56	0:58	5,50%	3,57%
15	Thomas WATEL	1:04	2:15	3:28	4:40	5:52	7:02	8:11	9:09	1:04	1:11	1:13	1:12	1:12	1:10	1:09	0:58	3,47%	15,94%
16	Christelle OLIVE MARCHESI	0:50	1:50	2:55	4:02	5:10	6:18	7:23	8:21	0:50	1:00	1:05	1:07	1:08	1:08	1:05	0:58	6,40%	10,77%
17	Michel LE GALL	0:49	1:44	2:42	3:40	4:40	5:40	6:40	7:38	0:49	0:55	0:58	0:58	1:00	1:00	1:00	0:58	6,19%	3,33%
18	Vincent DUBUS	0:58	2:03	3:10	4:18	5:27	6:36	7:45	8:52	0:58	1:05	1:07	1:08	1:09	1:09	1:09	1:07	4,55%	2,90%
19	Agnès DESAUNAY	0:55	1:57	3:00	4:04	5:09	6:14	7:19	8:22	0:55	1:02	1:03	1:04	1:05	1:05	1:05	1:03	4,00%	3,08%
20	Catherine VALLAT	0:50	1:50	2:55	4:02	5:12	6:22	7:29	8:32	0:50	1:00	1:05	1:07	1:10	1:10	1:07	1:03	9,60%	5,97%
21	Kelly MENOURY	0:44	1:32	2:22	3:12	4:02	4:53	5:43	6:29	0:44	0:48	0:50	0:50	0:50	0:51	0:50	0:46	3,06%	8,00%
22	Pierre CHARPENTIER	0:38	1:16	1:57	2:39	3:20	4:02	4:44	5:25	0:38	0:38	0:41	0:42	0:41	0:42	0:42	0:41	6,33%	2,38%
23	Benjamin POGGI	0:39	1:20	2:03	2:51	3:41	4:34	5:27	6:19	0:39	0:41	0:43	0:48	0:50	0:53	0:53	0:52	26,19%	1,89%
24	Wilfrid DAVID	0:48	1:45	2:46	3:49	4:57	6:05	7:12	8:16	0:48	0:57	1:01	1:03	1:08	1:08	1:07	1:04	14,41%	4,48%
25	Josselin BRICOUT	0:50	1:48	2:52	3:56	5:03	6:10	7:15	8:14	0:50	0:58	1:04	1:04	1:07	1:07	1:05	0:59	8,20%	9,23%
26	Laurent BORE	0:45	1:40	2:36	3:34	4:34	5:35	6:36	7:37	0:45	0:55	0:56	0:58	1:00	1:01	1:01	1:01	9,91%	0,00%
27	Arnaud GEOFFROY	0:50	1:47	2:46	3:44	4:46	5:49	6:50	7:49	0:50	0:57	0:59	0:58	1:02	1:03	1:01	0:59	6,90%	3,28%
28	Laurent BERTHELOT	0:48	1:47	3:00	4:15	5:30	6:46	8:02	9:19	0:48	0:59	1:13	1:15	1:15	1:16	1:16	1:17	15,15%	1,32%
29	Jérôme LEROUX	0:45	1:35	2:27	3:21	4:15	5:10	6:06	6:58	0:45	0:50	0:52	0:54	0:54	0:55	0:56	0:52	8,82%	7,14%
30	Stéphane GRANSEIGNE	1:03	2:12	3:30	4:47	6:02	7:20	8:41	9:56	1:03	1:09	1:18	1:17	1:15	1:18	1:21	1:15	8,16%	7,41%